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Type: **Talk**

Secondary School Case Study: Applying Integrated Solution-Focused Counselling and Non-Violent Communication Methods in School Settings

Wednesday, 11 September 2024 15:30 (20 minutes)

In the study, we briefly describe both SF/ Solution Focused counselling and NVC Non-Violent Communication methods based on recent academic literature. Then we introduce the methodological usage of both methods in school counselling settings. Following this a more concrete topic will arrive as an integrative counseling technique: how and when solution-focused /SF/counseling with non-violent communication /NVC/ methods can be used as a tool for counseling in secondary schools by emphasizing the strengths and the challenging points of the integrated model.

Finally, a real-life, effectively led case study will be shown to demonstrate how and why SFBT and NVC methods should be integrated in the same counseling process.

Are you currently an Early Career Researcher?

Yes, I am within 6 years of receiving my Ph.D.

Primary author: BORBÁTH, Katalin (ELTE PPK, Psychology Institute Counselling and Schoolpsychology Department)

Presenter: BORBÁTH, Katalin (ELTE PPK, Psychology Institute Counselling and Schoolpsychology Department)

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